

School-based Substance Abuse Services Grant

January 2015

Twenty-one supervisory unions have a School-based Substance Abuse Services grant to support a menu of substance abuse prevention, education, and early intervention services. Awards of up to \$40,000 each (totaling approximately \$800,000) were made based on a competitive process that took into consideration need, readiness, strength of the proposed plan, budget, and number of students to be served. A 10% match in funds or in-kind services is required. The Vermont Department of Health plans to continue awards to these grantees through FY16. Training and evaluation services are supported statewide with up to \$30,000. The School-based Substance Abuse Services (SBSAS) grants are aimed at the Healthy Vermonter 2020 objectives of reducing past month use of alcohol, marijuana, or any illicit drugs during the past 30 days among adolescents (ages 12-17); and reducing binge drinking among adolescents (ages 12-17). In FY14, SBSAS-funded initiatives reached 17,887 students.

School-based Substance Abuse Services Grantees

Addison Northwest SU#2 (\$39,942) Addison Rutland SU#4 (\$40,000)

Barre SU#61 (\$40,000)
Burlington SD#15 (\$40,000)
Essex Caledonia SU#18 (\$40,000)
Franklin Central SU#23 (\$40,000)
Franklin Northeast SU#20 (\$40,000)
Franklin West SU#22 (\$40,000)

Grand Isle SU#24 (\$40,000) Lamoille South SU#26 (\$40,000)

Orange Windsor SU#30 (\$39,987)

Southwest VT SU#5 (\$40,000) Springfield SD#56 (\$20,480)

Two Rivers SU #63 - Rutland Windsor (\$40,000)

Two Rivers SU #63 – Windsor Southwest (\$40,000)

Washington South SU#43 (\$40,000) Windham Central SU#46 (\$40,000) Windham Northeast SU#47(\$40,000) Windham Southeast SU#48 (\$39,907) Windham Southwest SU#49 (\$35,118) Windsor Northwest SU#50 (\$34,060)

Funded Prevention Strategies

- Substance abuse screening and referral services
- Coordinated school health initiatives
- Classroom health curricula
- Training for youth empowerment groups
- Parent education
- Teacher and support staff training
- Delivery of educational support groups

Examples of Prevention and Intervention Successes Reported by Grantees

- Increased coordination between health educators, physical education teachers, school nurses, and school-based clinicians. There has also been an increase in collaboration between our middle school and high school.
- Continuation of the delivery of wrap-around services and support in collaboration with the health-based clinician to ensure mental wellness for all students.
- Screening and referral success as shown by the number of students referred by other students to see the Student Assistance Professional (SAP). If a student feels another student is dealing with substance abuse or mental health issues, they literally walk them to the SAP office for help.
- Successful implementation of the Michigan Model curriculum at the Halifax School for all students in grades 5 through 8. This is a great collaboration between our community coalition and the school.
- Youth empowerment groups are key in the delivery of prevention messages among teens.
- Faculty felt the alcohol, tobacco, and other drug training was meaningful and stimulated robust conversations around supporting students who are impacted by substance use.
- Students in the Children of Addiction group report they are receiving information they didn't have before, and they are happy to finally have a safe and supportive place to talk about their experiences.